

Groundwater saving and quality improvement by reducing water footprints of crops to benchmarks levels



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ABSTRACT

The formulation of water footprint (WF) benchmarks in crop production – i.e. identifying reference levels of reasonable amounts of water consumption and pollution per tonne of crop produced – has been suggested as a promising strategy to counter inefficient water use and pollution. The current study is the first to show how setting WF benchmarks may help alleviate groundwater scarcity and pollution, in a case study for Iran. We advance the field of WF assessment by developing WF benchmark levels for crop production, which we successively use to assess potential groundwater saving, quality improvement and economic water productivity gains. First, we calculate climate-specific WF benchmark levels for both total blue water footprints and nitrogen-related grey groundwater footprints for 26 crops, for all years in the period 1980–2010, at $5 \times 5'$ spatial resolution. Second, we estimate the water saving potential for total blue water resources and for groundwater resources specifically, as well as the grey groundwater footprint reduction potential. Finally, we compare mean economic water productivities of crop production in the past with productivities if WFs are reduced to benchmark levels. We find that groundwater comprises up to 83% of total blue water consumption of irrigated crops, with the highest share in arid areas and in cereals. Aquifers are under significant to severe stress, except in the dry sub-humid zone, where irrigation mainly relies on surface water. Reducing WFs of crops to 25th percentile benchmark levels can save 32% of groundwater compared to the reference year 2010, and lower the nitrogen-related grey groundwater footprint by 23%. Moreover, it would increase average economic groundwater productivity in Iran by 20% for cereals, and 59% for nuts. We conclude that reducing WFs to climate-specific benchmark levels in a water-stressed country is a promising way to alleviate overexploitation of aquifers and increase national food security.

1. Introduction

A promising strategy to save water and reduce water pollution in the agricultural sector is to formulate benchmark levels for water footprints of crop production (Zwart et al., 2010; Brauman et al., 2013; Hoekstra, 2013; Mekonnen and Hoekstra, 2014; Zhuo et al., 2016b; Chukalla et al., 2017). A water footprint refers to the volume of water that is consumed or polluted to produce a tonne of product. The blue surface-water footprint (blue SWF) refers to the consumption of surface water, the blue groundwater footprint (blue GWF) to the consumption of groundwater, and the green WF to the consumption of rainwater. The grey surface-water footprint (grey SWF) and grey groundwater footprint (grey GWF) are measures of surface water and groundwater pollution, respectively (Hoekstra et al., 2011). The blue and green WF components together form the total consumptive WF, while the grey WF is also called the degradative WF. Benchmarking water productivity (kg/m^3) or wa-

ter footprints (m^3/kg) implies defining what is a reasonable amount of water appropriation for the process at hand given environmental conditions and technical possibilities. Benchmarks may vary with environmental factors like climate and soil (Hoekstra, 2013; Hoekstra, 2014). Consumption beyond the benchmark level indicates inefficient resource use. Benchmarks can be formulated based on good or best available technologies and management practices (Chukalla et al., 2015, 2017, 2018) or they can be set by considering the spread of actual WFs in a certain region and taking the WF level that is not being exceeded by the best 10%, 20% or 25% of the total production in that area (Mekonnen and Hoekstra, 2014; Zhuo et al., 2016b).

Although still in its infancy, the idea of developing benchmark levels has been elaborated in a few previous studies. In a global assessment, Mekonnen and Hoekstra (2014) developed benchmark levels for consumptive and grey WFs for various crops through an analysis at a spatial resolution of $5 \times 5'$ and found that WF benchmark levels may be lower in a temperate than in a tropical climate. They found that if all producers

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globally would achieve a consumptive WF similar to or lower than that of the best 25% of production, global blue water savings would sum up to 40% of the total water consumption in crop production. If grey WFs in crop production are reduced, worldwide, to the level of the best 25% of current global production, water pollution would be reduced by 54%. [Chukalla et al., \(2015, 2017\)](#) studied the reduction potential of blue and green WFs for cereals by developing benchmarks for different alternative irrigation techniques, irrigation strategies, and different alternative mulching practices. Their results demonstrate that integrating drip irrigation with deficit irrigation and synthetic mulching may cause a 29% reduction in consumptive WF compared to conventional farming practices. [Zhuo et al., \(2016b\)](#) carried out a study for consumptive WF benchmarks of wheat in China, addressing the important question of the need to differentiate benchmarks based on environmental factors. Considering rain-fed versus irrigated croplands, wet versus dry years, warm versus cold years, four different soil classes and two different climate zones, they concluded that it is justified to differentiate benchmarks based on climate zones.

None of the previous studies quantified the effect that setting benchmarks may have on alleviating scarcity or pollution levels for groundwater specifically, which was not possible because none of them differentiated blue WFs into blue SWFs and blue GWFs. In addition, the economic benefits associated with more efficient water consumption due to benchmarking have not been quantified before. The current study aims to advance the field of water footprint assessment by (1) developing climate-specific benchmark levels for both blue and grey WFs, in a case study considering 26 crops in Iran over the period 1980–2010, (2) estimating water saving and water pollution reduction potential for Iran's groundwater resources, and (3) comparing the economic water productivities of actual crop production with productivities if WFs are reduced to benchmark levels. This comprehensive aim provides a much-needed wider perspective on inefficient water use in crop production in Iran in particular, and on the strategy of benchmarking WFs in general. Iran has been chosen as an exemplary case of heavy reliance on groundwater resources, a high degree of aquifer overexploitation, and much room for more efficient water use.

2. Methods and data

2.1. Case study

Iran spans an area of 1,640,195 km² and is divided into 30 provinces ([Fig. 1a](#)). The long-term national averages of minimum (T_{\min}) and maximum (T_{\max}) temperatures are 12 °C and 25 °C, respectively. The annual average precipitation is 244 mm, but the south-eastern parts of the country (Sistan and Balouhestan provinces) receive much less precipitation (104 mm) and the northern parts (Gilan, Mazandaran and Golestan provinces) much more (1033 mm). Over the period 1980–2010, reference evapotranspiration varies in the range of 858–2374 mm y⁻¹ within the country, with the lowest and highest values in the humid and hyper-arid zones, respectively ([Karandish and Mousavi, 2016](#)). Based on the De-Martonne classification method, Iran can be classified into five climate zones ([Karandish and Mousavi, 2016](#)): hyper-arid, semi-arid, arid, humid and dry sub-humid, with arid and semi-arid being the predominant classes ([Fig. 1a](#)). Despite their low freshwater availability, the arid and semi-arid zones are responsible for about 70% of the total irrigated crop production in the country ([IMAJ, 2016](#)).

Iran is suffering from unprecedented water scarcity of both surface water and groundwater resources. This scarcity has at least three main causes: rapid population growth combined with an uneven population distribution within the country; an inefficient agricultural sector; and mismanagement and thirst for development ([Madani, 2014](#)). Agriculture is by far the largest water user: 97% of the total net blue water abstraction in Iran relates to irrigated crop production ([Hoekstra and Mekonnen, 2012](#)). The impact of the inefficient agriculture becomes visible through the partial disappearance of lakes, like Urmia Lake

([Ghale et al., 2017](#)), the drying up of rivers, like the Zayandehroud River ([Madani, 2014](#)), falling groundwater tables ([Rahnema and Mirassi, 2014](#)), pollution of water ([Karandish et al., 2017a](#)), and damage to ecosystems and local livelihoods ([Madani, 2014](#)). Moreover, inefficient water use leads to the loss of potential economic benefits that could be derived from increased yields.

Rapid depletion of the country's aquifers due to excessive groundwater abstractions to produce crops is arguably the most critical challenge of Iran's irrigated agriculture. Over 60% of the country's irrigation depends on non-renewable or renewable groundwater stocks ([FAO, 2016](#)). Iran's groundwater depletion, embedded in food production, was 28.4 billion m³ y⁻¹ in 2000 and increased to 33.3 billion m³ y⁻¹ in 2010 ([Dalin et al., 2017](#)). Water abstractions for irrigation have expanded beyond regional water availability levels. National statistics reveal that about 500,000 wells are operated by local farmers, without a license or permission for many of them ([WRM, 2016](#)). In addition to increased risks to national water security, serious environmental degradation is induced and environmental flow requirements are violated ([Wada et al., 2012](#)). Land subsidence and seawater intrusion are among the most substantial secondary environmental impacts of this unsustainable groundwater use ([Bouwer, 1977; Konikow and Kendy, 2005](#)).

The spatially uneven distribution of agricultural lands contributes to the mentioned challenges. Over 70% of the agricultural lands are located in arid and semi-arid zones. Here, groundwater contributes over 50% to total water use in agricultural food production ([WRM, 2016](#)). The staple crops required to feed Iran's population are sourced from provinces where groundwater is being highly depleted. [Dalin et al. \(2017\)](#) showed that Iran is in the top four countries of the world exposed to global food and water security risks due to producing and importing food irrigated from rapidly depleting aquifers.

2.2. Green, blue and grey WFs of crop production

The green water, total blue water, blue groundwater, blue surface-water and grey groundwater footprints of crop production were calculated per crop at a spatial resolution of 5 × 5' for each growing season in the period 1980–2010, based on the accounting framework of [Hoekstra et al. \(2011\)](#). The green and total blue WFs of a crop (m³ t⁻¹) were calculated as the actual seasonal green and blue evapotranspiration (ET, m³ ha⁻¹) divided by the crop yield (Y, t ha⁻¹). ET and Y were simulated using FAO's crop water productivity model AquaCrop, using a daily time step ([Hsiao et al., 2009; Raes et al., 2009; Steduto et al., 2009](#)). The model was initialized through a 5-year rain-fed fallow land simulation prior to the planting date, in order to dampen out effects of beginning conditions on the soil moisture composition, as was proposed by [Siebert and Döll \(2010\)](#) and [Zhuo et al. \(2016a\)](#). The model evaluates a daily soil water balance of the root zone to calculate ET:

$$S_{[t]} = S_{[t-1]} + P_{[t]} + I_{[t]} + CR_{[t]} - RO_{[t]} - ET_{[t]} - DP_{[t]}, \quad (1)$$

in which $S_{[t]}$ and $S_{[t-1]}$ are the soil water content at the end of day t and $t-1$, respectively, $P_{[t]}$ the precipitation on day t , $I_{[t]}$ the irrigation water applied, $CR_{[t]}$ the capillary rise from the groundwater, $RO_{[t]}$ the surface runoff, $ET_{[t]}$ the evapotranspiration, and $DP_{[t]}$ the deep percolation. All terms are in mm. Capillary rise is not considered here since most groundwater tables are assumed to be deeper than one meter below the rooting zone. The green and total blue water fractions of RO were calculated each day based on the relative shares of P and I in a day in the sum of $P+I$. The fractions green and total blue water in the soil water content over time were calculated following [Chukalla et al. \(2015\)](#), [Zhuo et al. \(2016a\)](#) and [Karandish and Hoekstra \(2017\)](#). This method is based on the assumption that the green water content in the soil increases when rainfall infiltrates in the soil and that the total blue water content increases when precipitation infiltrates. The fractions green and total blue water in the total soil water content at the end of the previous day were used to calculate the green and total blue fractions in ET and DP on day t .

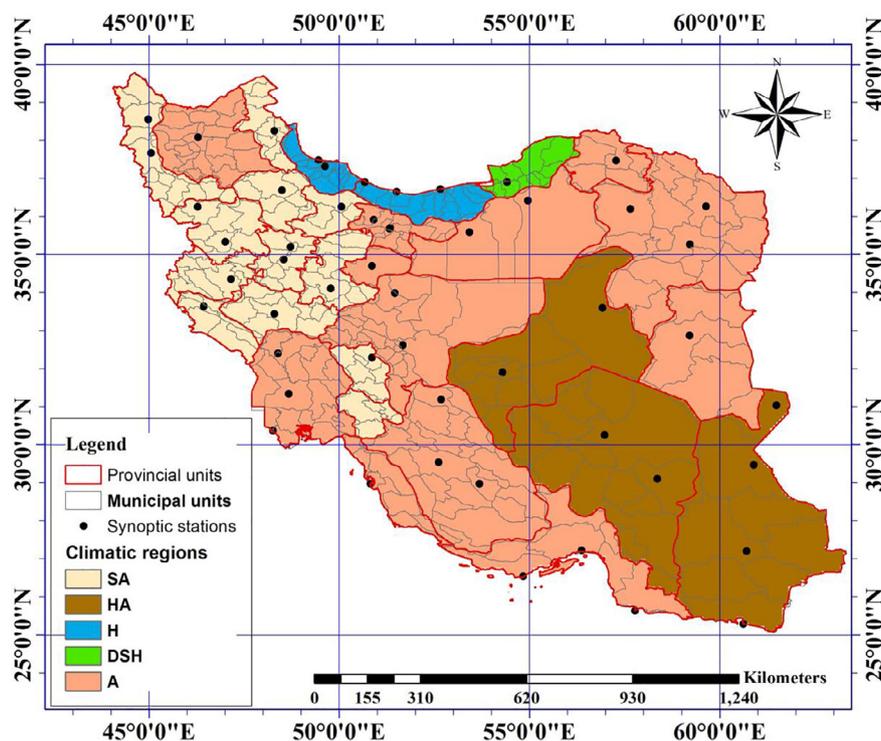


Fig. 1. Provinces, municipalities and climatic regions of Iran, with the dominant climatic condition per province.

The total blue WF in each location and year is made up of two components: a blue groundwater footprint (GWF) and a blue surface-water footprint (SWF). We distinguished these components based on data on the fractions groundwater and surface water in irrigation per municipality as provided by WRM (2016).

The grey WF is an indicator of appropriated pollution assimilation capacity. Following the Global Water Footprint Standard (Hoekstra et al., 2011), we calculated the grey groundwater footprint (in $\text{m}^3 \text{t}^{-1}$) related to the application of nitrogen (N) fertilizer as follows:

$$\text{Grey GWF} = \frac{\alpha AR / (c_{\max} - c_{\text{nat}})}{Y} \quad (2)$$

where AR is the N fertilizer application rate to the field ($\text{kg ha}^{-1} \text{y}^{-1}$), α the fraction of this leaching to the groundwater, c_{\max} the maximum acceptable N concentration in the groundwater (kg m^{-3}), c_{nat} the natural N concentration in the groundwater (kg m^{-3}), and Y the crop yield (t ha^{-1}). The product αAR represents the N load to groundwater. Based on the suggested values by Franke et al. (2013), we assume $\alpha = 0.1$. A maximum acceptable N concentration of $50 \text{ mg nitrate L}^{-1}$ (or 11.3 mg N L^{-1}) is adopted, based on EU Nitrates Directive (Monteny, 2001). We did not consider grey WFs for surface water in this study.

2.3. Blue and grey WF benchmark levels and potential blue and grey WF reduction

Per crop, per climate zone and per year, we determined benchmark levels for the total blue WF and the grey GWF. Following Mekonnen and Hoekstra (2014) and Zhuo et al. (2016b), WF benchmark levels were determined by ranking the grid-level WF values from smallest to largest, and plotting these sorted footprints against the corresponding cumulative percentage of total crop production. A WF benchmark for a certain crop, climate zone and year is then set by taking the WF at a given percentile of production, e.g. the 10th, 20th or 25th percentile of production. The 10th percentile benchmark level thus refers to the WF of that is not exceeded by the best 10% of the total production volume

(with 'best' referring to the crops coming from the places with smallest WFs). We did this for both total blue WFs and grey GWFs. Subsequently, we estimated water saving potential if WFs are reduced – both total blue WFs and grey GWFs – to these benchmark levels.

To estimate the potential reduction of groundwater scarcity, we first calculated groundwater scarcity per climate zone, by dividing blue groundwater footprints of the 26 crops considered in this study by groundwater availability for the reference year 2010 (Schyns et al., 2015; Schyns and Hoekstra, 2014). We took groundwater availability (recharge) data from WRM (2016). Subsequently, we computed groundwater scarcity for the scenarios in which, per crop and per climate zone, actual total blue WFs are reduced to the climate-specific benchmark levels set by the 10th, 20th and 25th production percentiles. Following Hoekstra et al. (2012) and Hoekstra and Mekonnen (2016), we classified scarcity into four groups: low (<20%), moderate (20%–30%), significant (30%–40%) and severe (>40%) scarcity. The difference between the reference year and reduced WF scenarios gives an indication of the potential reduction in groundwater scarcity per climate zone.

To estimate the grey GWF reduction potential, we first calculated the water pollution level per climate zone by dividing the total grey GWF by groundwater availability for the reference year 2010. Next, we calculated groundwater pollution levels for the scenarios in which, per crop and per climate zone, actual grey GWFs are reduced to the benchmark levels set by the 10th, 20th and 25th production percentiles. When the water pollution level equals 1, the complete groundwater flow in the considered region is required to assimilate the load of pollutants (Hoekstra et al., 2011). The difference between the reference year and reduced WF scenarios gives an indication of the potential reduction in groundwater pollution.

2.4. Economic water productivity

Following Aldaya et al. (2010) and Hogeboom and Hoekstra (2017), mean economic water productivity (EWP, in $\text{\$ m}^{-3}$) was calculated, per crop class, per climate zone, and per year, by dividing the producer price ($\text{\$ ton}^{-1}$) by the total consumptive (i.e. green plus blue) WF ($\text{m}^3 \text{ton}^{-1}$).

Table 1
Overview of data sources.

Input variable	Source	Spatial resolution*	Temporal resolution	Remarks
Irrigated area	IMAJ (2016)	Municipal per crop	Annual 1980–2010	Crop-specific municipal level irrigated area were downscaled to the 5 × 5' resolution based on spatial distributions of crop-specific irrigated areas by Siebert et al., 2013.
Irrigation water resources (ground and surface water)	WRM (2016)	Municipal		Crop-specific municipal level irrigated amounts and recharge were downscaled to the 5 × 5' resolution based on spatial distributions of irrigated areas by Siebert et al. 2013
Applied N fertilizer in irrigated areas	IMAJ (2016)	municipal	annually	Spatial distribution of applied N fertilizer within the irrigated areas was derived based on the ratio of crop irrigated area within in a 5 × 5' unit to the crop irrigated area in the corresponding municipal unit as a whole
Weather data (Tmin, Tmax, RH, WS, n)**	IRIMO (2016)	52 synoptic stations	daily	Weather stations are shown in Karandish and Hoekstra (2017). Raster maps were resampled in GIS to the 5 × 5' spatial resolution.
Soil data (i.e. texture data and the total soil water holding capacity)	Batjes (2012)	5 × 5' resolution		–
Soil hydraulic characteristics (PWP, FC, TS, Ks)***	Steduto et al., 2009	Not applicable		Raster maps at 5 × 5' resolution were prepared based on 5 × 5' soil texture map
Climatic zones		5 × 5'		Climatic zones were determined based on the method by De-Martonne, based on weather data (see above, available at 5 × 5' resolution and upscaled to the provincial level)

* During the study period, Iran had 30 provinces. Each province was further divided into municipal units based on national rules established by the Ministry of the Interior (Karandish and Hoekstra, 2017).

** Tmin: minimum air temperature, Tmax: maximum air temperature, RH: relative humidity, WS: wind speed, n: sunshine hour).

*** PWP: permanent wilting point, FC: soil moisture at field capacity, TS: soil moisture at saturation, Ks: soil saturated hydraulic conductivity.

Based on the 30-year time series of WFs (1980–2010), EWP was calculated for both the actual conditions and the scenarios in which the consumptive WFs are reduced to the climate-specific benchmark levels at the best 10%, the best 20%, or the best 25% of Iran's crop production. Using less surface water and groundwater, while maintaining production levels, increases the economic output per unit of water allocated to the purpose of crop growing. We estimate the increase in economic water productivity (EWP, \$ m⁻³) if producers were to adhere to benchmark levels calculated earlier in this study.

2.5. Data

All required data had to be obtained per crop and per year for the study period 1980–2010, at the 5 × 5" resolution. An overview of the data sources used, including downscaling and resampling procedures applied in case of deviating resolutions, is given in Table 1. While all analyses are done at the 5 × 5' grid level, results are aggregated to and shown at the climate zone level for clarity.

Daily weather data at 5 × 5' resolution were derived from observations at 52 weather stations (Karandish and Hoekstra, 2017) located in five climate zones (IRIMO, 2016). ET₀ was calculated based on the FAO–Penman–Monteith equation (Allen et al., 1998). Soil texture data and the total soil water holding capacity were obtained from Batjes (2012). For hydraulic characteristics for each type of soil, the indicative values provided by AquaCrop were used. We considered 26 crops commonly grown in Iran, classified into eight crop categories based on the FAO classification (Allen et al., 1998): cereals (wheat; barley; rice), roots and tubers (potato), sugar crops (sugar beet; sugar cane), pulses (bean; pea; lentil), nuts (pistachio; walnuts; almond; hazelnut), oil crops (cottonseed; soybean; canola), vegetables (tomato; onion) and fruits (apple; banana; date; grape; and citrus fruits including lime, lemon, tangerine, orange and grapefruit). Wheat in Iran is all winter wheat. Agricultural data for the irrigated and rain-fed crops, including crop sowing area (ha), irrigated area (ha), crop planting and harvesting dates, crop yield (kg ha⁻¹), and N-application rates were collected per crop per province per year from Iran's Ministry of Agriculture Jihad (IMAJ, 2016). Data on the fractions groundwater versus surface water for irrigation at municipal level were obtained from WRM (2016). Data on Iran's international

trade per crop (t y⁻¹) were taken from FAO (2017). Data on annual crop prices were retrieved from FAO (2017).

3. Results

3.1. Blue and grey WF benchmark levels

Table S-1 shows the total blue WF benchmarks of different crops, at different production percentiles for each climate zone. When we show, for example, that the 25th percentile of the total blue WF of wheat in the semi-arid zone is 1067 m³ t⁻¹, we mean that the best 25% of wheat production in this climate zone ('best' in terms of 'having the smallest total blue WFs') has a total blue WF of 1067 m³ t⁻¹ or less. Significant differences between the benchmarks for different climate zones can be observed. Regardless of crop type, total blue WF benchmarks for the hyper-arid, arid and semi-arid zones are higher than for the humid and dry sub-humid zones. Except for citrus and date, the highest total blue WF benchmark levels are observed in the hyper-arid zone, while the lowest occur in the humid zone. The higher total blue WF benchmarks in the drier (semi-arid, arid and hyper-arid) zones are caused by the relatively high ET₀ and actual ET and greater fraction of total blue water in the total water consumption. The results confirm the findings from previous studies that the total blue WF of crops is negatively correlated with precipitation, and positively with ET₀ (Zwart et al., 2010; Zhuo et al., 2014).

Table S-2 shows the grey GWF benchmarks of different crops at different production percentiles for each climate zone. The variation across climate zones is smaller than in the case of the total blue WF benchmarks, because grey GWF benchmarks don't relate to ET, but rather to fertilizer application rates and yields.

Since at the national scale wheat is responsible for a relatively high fraction of both total blue WF and grey GWF, we show the spatial distribution of total blue WFs and grey GWFs of wheat production for the year 2010 in Fig. 2. Within the drier regions, total blue WFs below the 25th percentile benchmark level were mostly located in Esfahan (arid), Tehran (arid), Yazd (hyper-arid), Chaharmahal (semi-arid) and Kermanshah (semi-arid) provinces. These provinces have a relatively high irrigation density. In the water abundant regions, WFs below the 25th percentile benchmark level are observed in Gilan province (humid zone),

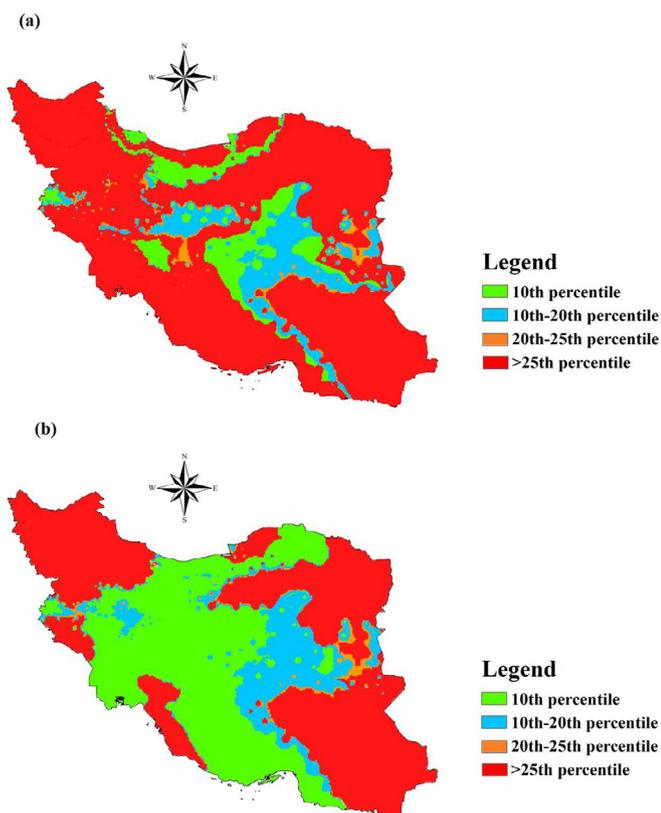


Fig. 2. Spatial distribution of the total blue water footprint(a) and grey groundwater footprint (b) of wheat in Iran, classified based on the WFs at the different production percentiles per climate zone. Spatial resolution: $5 \times 5'$. Year: 2010.

where ET_0 is lower than in the other places. The national average total blue WF benchmark for wheat in Iran as a whole reflects the total blue WF benchmarks for arid and semi-arid zones, which can be explained by the fact that most of the crop production in Iran occurs in these zones.

Grey GWFs below the 25th percentile benchmark level are located in Esfahan (arid), Fars (arid), Qom (arid), Hormozgan (arid), Khuzestan (arid), North-Khorasan (arid), Yaz (hyper-arid), Chaharmahal (semi-arid), Hamedan (semi-arid), Lorestan (semi-arid) and Markazi (semi-arid) provinces and Mazandaran province (humid zone).

3.2. Groundwater saving potential

Fig. 3 shows the temporal variability of the groundwater saving that would be achieved if the total blue WFs of the various crops were reduced to the climate-specific total blue WF benchmark levels set by the 25th percentiles of production, for each climate zone and within the whole country. The saving of groundwater specifically when reducing overall blue water consumption to the benchmark level depends on the groundwater fraction in the total blue water volume used. The potential groundwater saving when lowering total blue WFs down to the 25th percentile benchmark level were $3.2 \text{ billion m}^3 \text{ y}^{-1}$ in 1980 and $10.2 \text{ billion m}^3 \text{ y}^{-1}$ in 2010. Potential groundwater saving to groundwater consumption ratios varied between 30% and 34% during the period 1980–2010. The highest groundwater savings over the period 1980–2010 were possible in the arid ($1.7\text{--}5.4 \text{ billion m}^3 \text{ y}^{-1}$) and semi-arid ($1.4\text{--}3.6 \text{ billion m}^3 \text{ y}^{-1}$) zones, where irrigated agriculture mainly relies on groundwater resources and where most of the crop production takes place.

The pronounced increase in groundwater saving potential over time is attributed to significantly higher groundwater consumption in 2010 relative to 1980. This increase is caused by a rapid growth of area under irrigation in particularly the water-scarce arid and semi-arid regions of

the country. Previous studies confirm such substantial increase in overall blue water consumption in irrigated agriculture in Iran over the period 1980–2010 (Karandish and Hoekstra, 2017).

Fig. 4 shows that there is an expressed difference between various crop classes in terms of the absolute groundwater saving potential upon lowering total blue WFs down to the 25th percentile benchmark level. The largest groundwater saving can be achieved in cereal production ($1.7\text{--}4.5 \text{ billion m}^3 \text{ y}^{-1}$), especially wheat, while roots and tubers ($0.04\text{--}0.16 \text{ billion m}^3 \text{ y}^{-1}$) show the lowest absolute potential. Saving potential across crop classes is – as expected – correlated with the area of irrigated land attributed to each class.

Table 2 shows groundwater scarcity caused by groundwater consumption for the reference year 2010. While groundwater resources are under severe stress in the hyper-arid, arid and semi-arid zones, the dry sub-humid zone experiences a low pressure on the renewable groundwater resources. This can be explained by the fact that irrigated agriculture in the latter climate zone mainly relies on surface water. Aquifers in the humid zone are significantly water stressed under current agricultural management practices. The main reason is that rice grown here requires large amounts of mostly groundwater (cf. Karandish et al., 2017a). As shown in Table 2, lower scarcity levels may be achieved when WFs are reduced to the benchmark levels in all climate zones. The exception is in the hyper-arid zone, where aquifers will remain under severe water stress in any scenario. At national level, a 32% reduction in groundwater scarcity is possible compared to the reference year 2010 when reducing water consumption to the 25th percentile benchmark levels. Then still, Iran's aquifers will remain under significant water stress - especially in arid and hyper-arid zones - indicating that too much water is being used in total, even if the water would be used much more efficiently.

3.3. Groundwater pollution reduction potential

Iran's aquifers are mainly located in areas with intensive agriculture, and suffer from diffuse nitrate pollution from the excessive use of N fertilizers, particularly in cereal fields (Fig. 5). Intensive agriculture in predominantly arid and semi-arid zones results in the largest groundwater pollution by nitrate in these areas. Lowering grey GWFs down to climate-specific benchmark levels set by the 25th percentile of production will reduce the grey GWF of agricultural production by 23% compared to the actual grey GWF in 2010 (11% in the dry sub-humid and 38% in the hyper-arid zone). In absolute sense, the biggest reduction in water pollution at national scale can be achieved in cereal production.

Table 3 shows the water pollution level of aquifers for each climate zone for the reference year 2010 and for the scenarios in which grey GWFs would be reduced to the benchmark levels set by the 25th, 20th and 10th production percentiles. The average water pollutant levels per climate zone remain smaller than 1 in the reference year, indicating that the waste assimilation capacity has not yet been fully reached. Nevertheless, nitrate pollution is severe in aquifers located within the semi-arid and humid zones, where 50% and 70% of groundwater is required, respectively, to assimilate the pollutant load.

3.4. Increasing economic water productivity

Fig. 6 shows the economic water productivity ($\$ \text{ m}^{-3}$) for each crop class and climate zone, both mean EWP in 2010 and EWPs for the 10th, 20th and 25th production percentile in the same year. EWP of crops varied across the country following variations in both price and water consumption, with the largest absolute EWP values in the humid region. Fruits ($1.6\text{--}3.2 \text{ \$ m}^{-3}$), vegetables ($0.9\text{--}1.8 \text{ \$ m}^{-3}$) and roots and fibres ($1.3\text{--}1.7 \text{ \$ m}^{-3}$) generated the highest economic value per drop, while pulses and oil crops – the most water intensive crops – yielded the lowest EWP. In 2010, cereals had the largest share in national water consumption, but, for Iran as a whole, production yielded 62.3%, 32.2% and 26.3% less value per drop than production of fruits, vegetables and

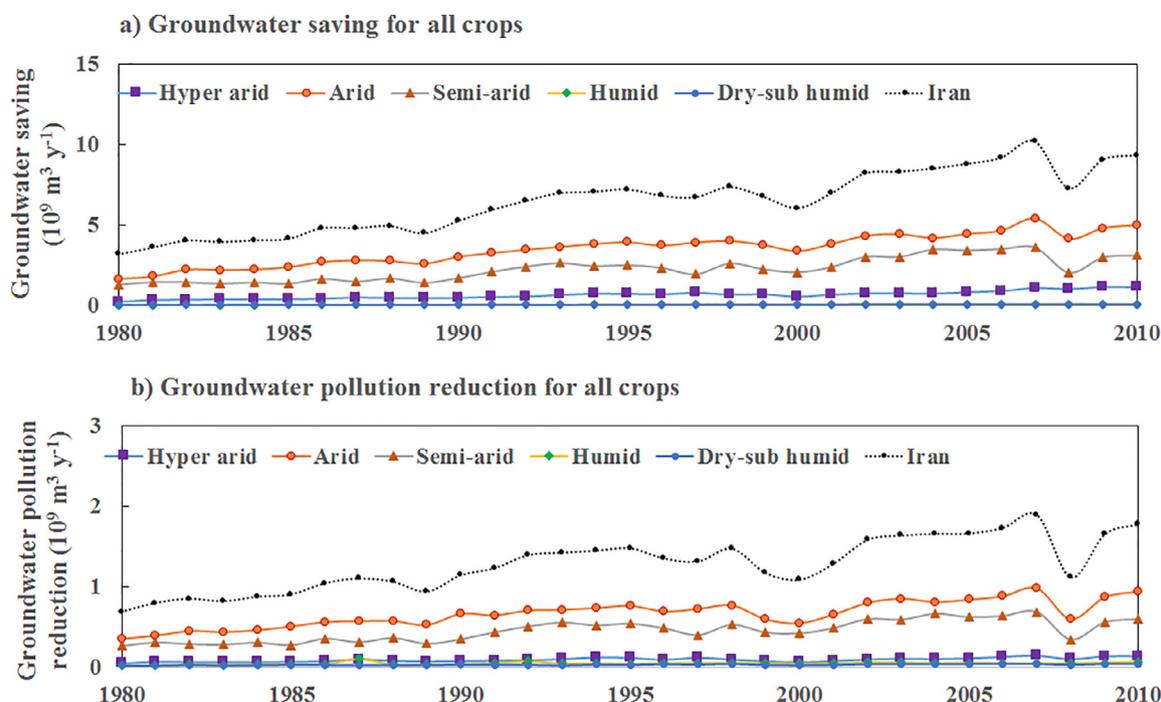


Fig. 3. Groundwater saving (blue groundwater footprint reduction) and groundwater pollution reduction (grey groundwater footprint reduction) for each climate zone and Iran as a whole over the period 1980–2010, if total blue WFs were lowered to 25th percentile benchmark levels.

Table 2

Groundwater scarcity as the ratio of blue groundwater footprint to groundwater availability (annual recharge), per climate zone, for the reference year 2010 and in case the total blue WFs in 2010 were lowered to different benchmark levels (pertaining to the 25th, 20th and 10th production percentiles).

	Climate zone	Blue groundwater footprint (10 ⁹ m ³ y ⁻¹)	Groundwater availability (10 ⁹ m ³ y ⁻¹)	Ground water scarcity	Level of water scarcity
Reference year 2010	Hyper-arid	4.7	6.7	0.7	Severe
	Arid	15.1	24.4	0.6	Severe
	Semi-arid	9.1	15.2	0.6	Severe
	Humid	0.4	1.0	0.4	Significant
	Dry sub-humid	0.5	2.2	0.2	Low
	Iran	29.8	49.5	0.6	Severe
25th percentile	Hyper-arid	3.6	6.7	0.5	Severe
	Arid	10.1	24.4	0.4	Significant
	Semi-arid	6.0	15.2	0.4	Significant
	Humid	0.4	1.0	0.4	Significant
	Dry sub-humid	0.4	2.2	0.2	Low
	Iran	20.4	49.5	0.4	Significant
20th percentile	Hyper-arid	3.5	6.7	0.5	Severe
	Arid	10.3	24.4	0.4	Significant
	Semi-arid	5.6	15.2	0.4	Significant
	Humid	0.3	1.0	0.3	Moderate
	Dry sub-humid	0.4	2.2	0.2	Low
	Iran	20.2	49.5	0.4	Significant
10th percentile	Hyper-arid	3.2	6.7	0.5	Severe
	Arid	9.7	24.4	0.4	Significant
	Semi-arid	4.8	15.2	0.3	Moderate
	Humid	0.3	1.0	0.3	Moderate
	Dry sub-humid	0.4	2.2	0.2	Low
	Iran	18.4	49.5	0.4	Significant

root and fibres, respectively, caused by their low yield and high water consumption. Reducing the WFs to 25th percentile benchmark levels improves farm economics, through increasing average EWP in Iran by 19.5% for cereals, 55.1% for vegetables, 25.2% for roots and fibres, 31.1% for pulses, 21.4% for sugar crops, 58.8% for nuts, 29.3% for oil crops, and 36.7% for fruits. The highest increases in EWP are generally found in the provinces located in the arid and semi-arid zones.

4. Discussion

This study into the development and application of WF benchmarks for crop production in Iran includes various limitations and uncertainties. First, we used the AquaCrop model to estimate ET and yield, using default parameters per crop. Calibration and validating model

Table 3

Groundwater pollution level as the ratio of grey groundwater footprint to groundwater availability, per climate zone, for the reference year 2010 and in case the grey groundwater footprints in 2010 were lowered to different benchmark levels (pertaining to the 25th, 20th and 10th production percentiles).

	Climate zone	Grey groundwater footprint (10 ⁹ m ³ y ⁻¹)	Groundwater availability (10 ⁹ m ³ y ⁻¹)	Water pollution level
Reference year 2010	Hyper-arid	0.5	2.0	0.2
	Arid	3.6	9.3	0.4
	Semi-arid	2.8	6.1	0.5
	Humid	0.4	0.6	0.7
	Dry sub-humid	0.3	1.7	0.2
	Iran	7.7	19.7	0.4
25th percentile	Hyper-arid	0.3	3.1	0.1
	Arid	2.7	14.3	0.2
	Semi-arid	2.2	9.2	0.2
	Humid	0.4	0.6	0.6
	Dry sub-humid	0.3	1.8	0.2
	Iran	5.9	29.1	0.2
20th percentile	Hyper-arid	0.3	3.2	0.1
	Arid	2.6	14.1	0.2
	Semi-arid	2.2	9.6	0.2
	Humid	0.4	0.7	0.6
	Dry sub-humid	0.3	1.8	0.2
	Iran	5.8	29.3	0.2
10th percentile	Hyper-arid	0.3	3.5	0.1
	Arid	2.5	14.7	0.2
	Semi-arid	2.1	10.4	0.2
	Humid	0.3	0.7	0.5
	Dry sub-humid	0.3	1.8	0.1
	Iran	5.5	31.1	0.2

parametrizations to the local context, based on local or field data, would improve trust in the outcomes (Karandish and Šimůnek, 2018).

The use of data sources of differing spatial scales can cause inconsistencies in the results. Most of the available data were reported at the municipal level and subsequently downscaled to a 5 × 5' resolution, thereby potentially affecting the results. A comparison with a previous study by Mekonnen and Hoekstra (2011) in Fig. 7 shows that our results differ in the range of ±40% for total blue WFs, to ±60% for grey WFs, which can be explained by differences in models and data sources used, but also by the input data resolution used. Most of our input data were reported at the municipal level, while Mekonnen and Hoekstra (2011) used predominantly national level data.

We determined the benchmark levels specifically for various climatic zones, rather than considering other environmental factors such as soil type and slope, following Zhuo et al. (2016). Including the effect of soils, slopes and other local environmental factors on ET and yields when formulating benchmarks could possibly refine the results of this study, but by taking benchmarks at the 25th percentile of best production was are at the conservative side when estimating potential water savings and pollution reduction.

In order to explore the sensitivity of our results, we carried out a sensitivity analysis for selected model parameters for a simulation for wheat. We analysed the most sensitive parameters according to Hui-Min et al. (2017). In their a global assessment for winter wheat, they found that eight parameters to be most sensitive: growing degree days from sowing to flowering (FLO), upper threshold of soil water depletion factor for canopy senescence (PSEN), total length of crop cycle in growing degree-days (MAT), crop coefficient when canopy is complete but prior to senescence (KCB), normalized water productivity (WP), harvest index (HI), maximum canopy cover in fraction soil cover (MCC), and growing degree day decrease in canopy cover (CDC). We assessed the relative change in model-simulated wheat yield and crop water consumption if each of the selected eight parameters were adjusted by ±20% alone. Table 4 shows that the output parameters changed in the range of –70%

to 21% and –16% to 3%, respectively. Sensitivities varied per climatic region. Such adjustment in the selected eight parameters may consequently result in a –17% to 178% change in the estimated groundwater saving and a –17% to 219% change in the reduced grey GWF. Table 4 also shows that MAT is the most sensitive parameter, causing the largest relative change in crop yield and water consumption, and consequently in groundwater saving and grey GWF reduction.

Based on these limitations and uncertainties we consider the current study as explorative. Formulating WF reduction targets for crop production, as a general national policy, and to downscale targets per climate zone to specific targets at farm level still await practical implementation. The field is still in its infancy, with only a few earlier studies available for total blue WF benchmarks (Hoekstra, 2013; Mekonnen and Hoekstra, 2014; Chukalla et al., 2015, 2017; Zhuo et al., 2016b) or grey WF benchmarks (Mekonnen and Hoekstra, 2014; Chukalla et al., 2018). Further studies, using different models and remote sensing, and validating findings based on field data, will be necessary to assess uncertainties in more detail, and test the feasibility of lowering the WFs of crops to benchmark levels at large scale.

Regarding the results, we found that reducing WFs to benchmark levels has the largest water saving effect when applied for cereals, nuts and fruits and in the arid and semi-arid zones. A risk of water saving is that farmers increase their production volume once they require less water per unit of crop production, thereby undoing the original saving (Hoekstra, 2013). Besides, while an overall alleviation of groundwater scarcity may be achieved by reducing crop WFs to the benchmark levels, regional aquifers will still remain under severe stress, particularly in the hyper-arid zone. Hence, benchmarking WFs of crop needs to be integrated with the other possible groundwater management solutions to achieve sustainable agriculture.

Unsustainable groundwater consumption will limit future groundwater availability, thereby posing a serious threat to food security. Hence, new policies should aim at slowing down groundwater depletion to protect national food security. Given that under climate change irrigation

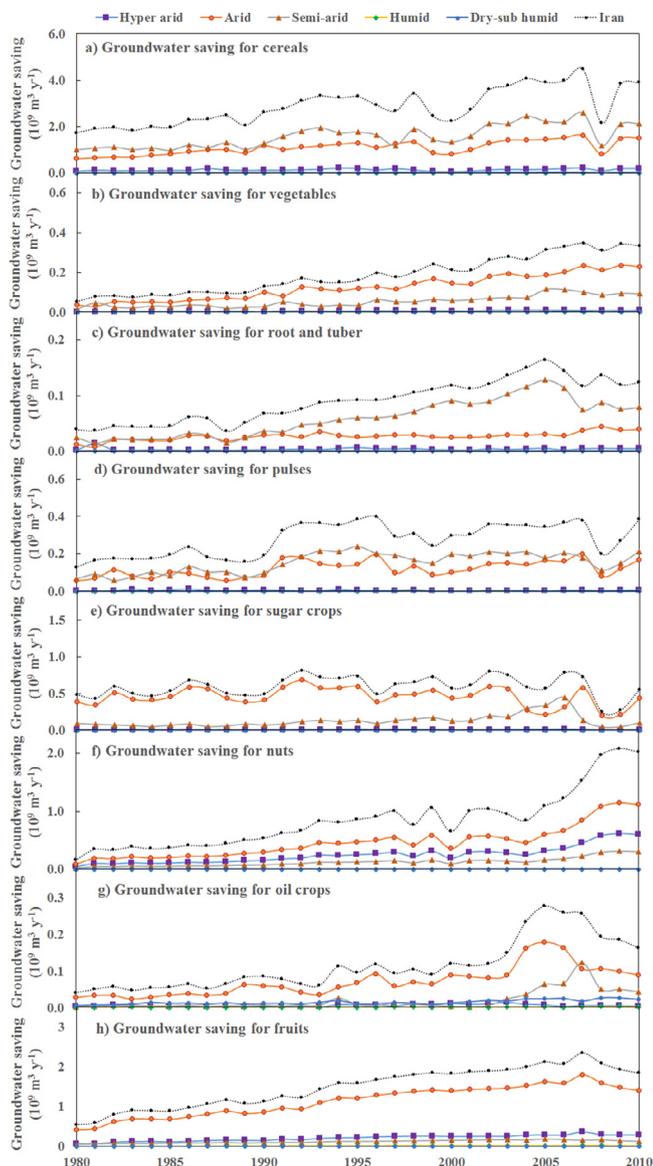


Fig. 4. Temporal variation of groundwater saving for various crop classes, for each climate zone and Iran as a whole over the period 1980–2010, if total blue WFs were lowered to 25th percentile benchmark levels.

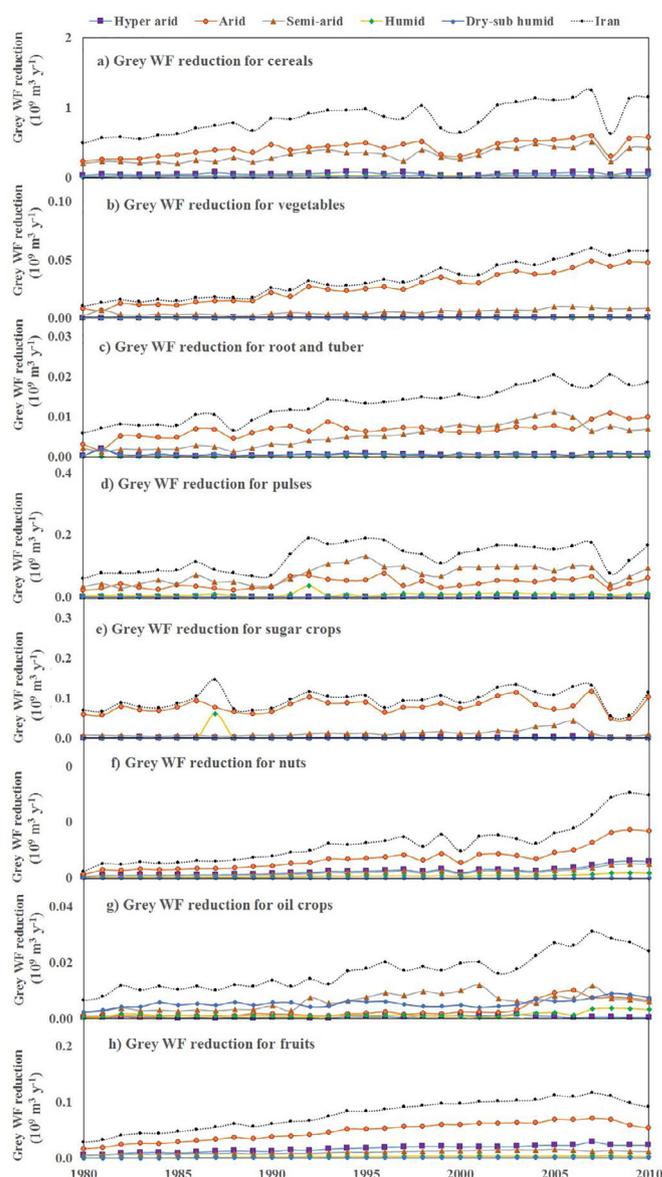


Fig. 5. Temporal variation of grey groundwater footprint reduction for various crop classes, for each climate zone and Iran as a whole over the period 1980–2010, if actual grey groundwater footprints were lowered to 25th percentile benchmark levels.

water requirements are expected to increase in Iran (Karandish et al., 2017b; Karandish and Mousavi, 2016), groundwater will be a more valuable resource still. Additionally, rain-fed agriculture is likely to experience increased periods of drought, as indicated by a significant increase in green water deficits under global warming in Iran (Karandish and Mousavi, 2016). Under such circumstances, groundwater becomes a valuable supplemental water source in rain-fed cultivation, to secure adequate crop yields in the future.

Economic water productivity (EWP) is another factor that decision makers should take into consideration when allocating water resources (Mekonnen et al., 2012; Hoekstra, 2013; Schyns et al., 2015; Hogeboom and Hoekstra, 2017). Our results suggest that Iran’s groundwater can be used more economically efficient if actual WFs of crops are lowered down to the climate-specific benchmark levels. The potential increase in productivity is higher in the arid than in the humid zone. While nuts potentially have the highest increase in value per drop when the consumptive WFs of crops are lowered down to benchmark levels, the highest national income increase in absolute terms ($\$ y^{-1}$) can be

achieved when efficiencies are improved in cereal production because of the volume of cereal production.

Marstone et al. (2015) proposed paying a premium on groundwater-irrigated crops, to be used to store groundwater for future use, a solution that may be considered as a payment for ecosystem services (Naem et al., 2015) and may be well-received by policy makers (Qureshi et al., 2012). This would also provide a price signal of water scarcity to consumers. Any increase in the price of domestically produced crops, however, may lead consumers to buy imported food commodities at cheaper rates (Marstone et al., 2015). This would increase the dependency on other countries’ water resources, thereby potentially posing another risk to food security. Another adaptation solution to reduce the pressure on aquifers is to reconsider which crops can best be grown where, based on water resources availability per climate zone, and the irrigation requirements and economic water productivity of different crops.

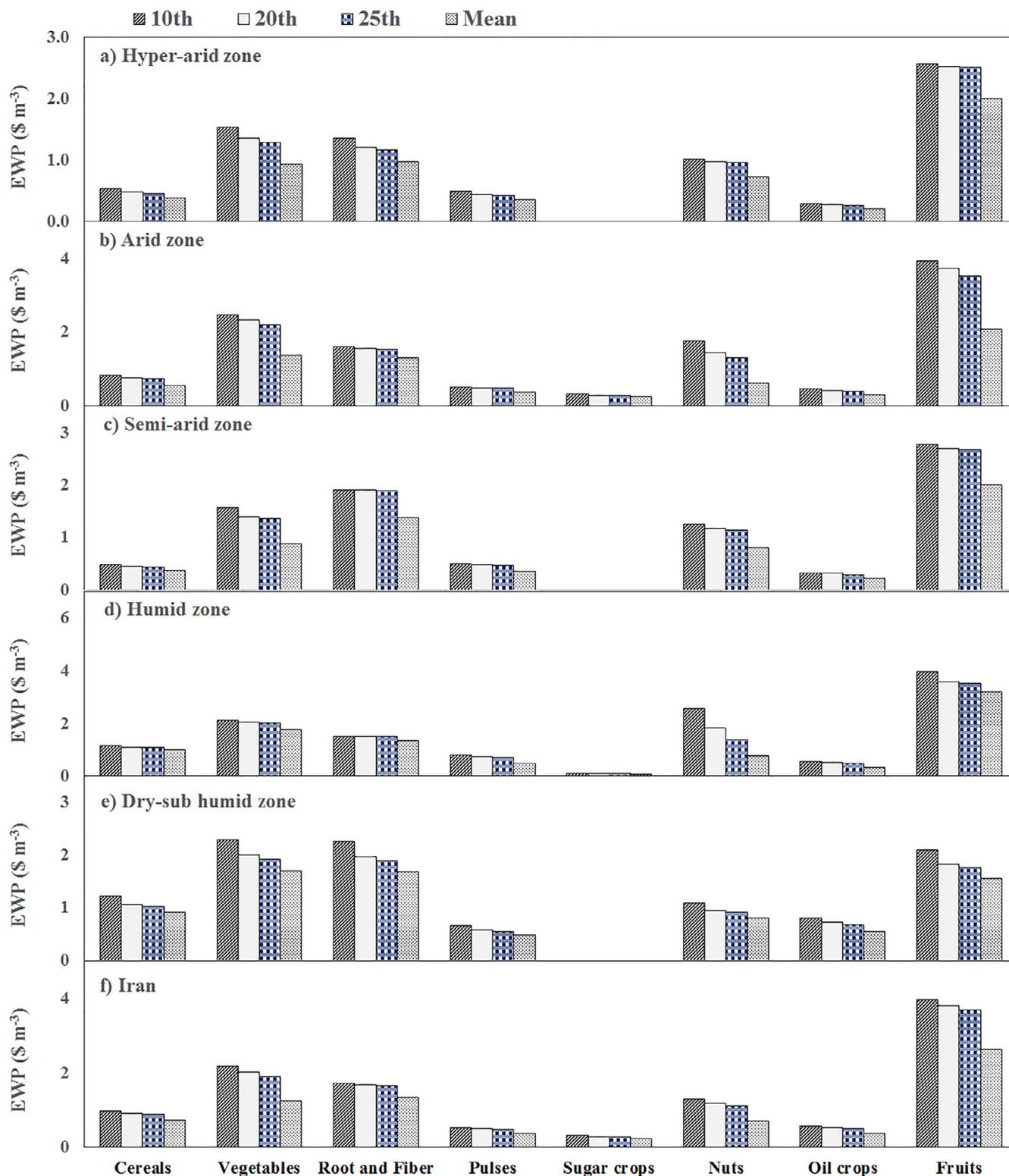


Fig. 6. Mean economic water productivity (EWP) (in US\$ m⁻³) for various crop classes in 2010, per climate zone, as well as EWP for the 10th, 20th and 25th production percentile.

The current study has been able to quantify the effect of lowering water footprints to certain benchmark levels on alleviating groundwater scarcity and pollution. Besides, we quantified the economic benefits associated with more efficient water consumption due to benchmarking.

Our method is novel in a way that the benchmark levels for the total blue WFs are developed for different climatic regions, allowing spatially disaggregated quantification of potential water savings, thus better reflecting observed regional WF differences. Unlike previous studies that only

Table 4
Relative change in AquaCrop-simulated yield and water consumption of wheat in response to a ±20% change in sensitive crop parameters for different climatic regions, and the consequent change in groundwater saving and grey groundwater footprint reduction if total blue WFs are lowered to the benchmark levels.

Climatic regions	Parameter*	Change in crop yield (%)		Change in water consumption (%)		Change in groundwater saving (%)		Change in grey groundwater footprint reduction (%)	
		0.2	-0.2	0.2	-0.2	0.2	-0.2	0.2	-0.2
Hyper arid	FLO	-4.9	3.6	0.5	-1.2	5.7	-4.6	5.2	-3.5
	PSEN	0.9	0.6	0.0	0.0	-0.9	-0.6	-0.9	-0.6
	MAT	-60.5	-9.5	-14.2	-14.8	117.2	-5.9	153.2	10.5
	KCB	-6.6	-7.5	-3.0	-2.4	3.9	5.5	7.1	8.1
	WP	20.9	-19.4	0.0	0.0	-17.3	24.1	-17.3	24.1
	HI	19.7	-20.2	0.0	0.0	-16.5	25.3	-16.5	25.3
	MCC	-11.2	-11.2	-3.8	-3.8	8.3	8.3	12.6	12.6
	CDC	-11.2	3.5	-3.8	2.8	8.3	-0.7	12.6	-3.4
Arid	FLO	-5.5	2.5	1.1	-1.8	7.0	-4.2	5.8	-2.4
	PSEN	0.1	-0.1	0.0	0.0	-0.1	0.1	-0.1	0.1
	MAT	-60.6	-10.8	-15.1	-15.8	115.5	-5.6	153.8	12.1
	KCB	-4.9	-9.6	-3.1	-2.7	1.9	7.6	5.2	10.6
	WP	20.0	-20.0	0.0	0.0	-16.7	25.0	-16.7	25.0
	HI	20.9	-20.8	0.0	0.0	-17.3	26.3	-17.3	26.3
	MCC	0.1	-21.3	-3.5	-3.7	-3.6	22.4	-0.1	27.1
	CDC	-9.2	3.4	-4.0	2.8	5.7	-0.6	10.1	-3.3
Semi-arid	FLO	-6.2	3.8	0.5	-0.9	7.1	-4.5	6.6	-3.7
	PSEN	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	MAT	-68.6	-11.4	-12.8	-13.6	177.7	-2.5	218.5	12.9
	KCB	-6.6	-9.7	-2.7	-2.3	4.2	8.2	7.1	10.7
	WP	20.0	-20.0	0.0	0.0	-16.7	25.0	-16.7	25.0
	HI	20.8	-20.8	0.0	0.0	-17.2	26.3	-17.2	26.3
	MCC	1.0	-23.5	-3.1	-3.4	-4.1	26.3	-1.0	30.7
	CDC	-13.5	3.9	-3.4	2.2	11.7	-1.6	15.6	-3.8
Humid	FLO	-4.7	2.3	1.6	-2.0	6.6	-4.2	4.9	-2.2
	PSEN	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	MAT	-56.5	-11.9	-13.7	-14.4	98.4	-2.8	129.9	13.5
	KCB	-4.3	-9.8	-2.7	-2.4	1.7	8.2	4.5	10.9
	WP	20.0	-20.0	0.0	0.0	-16.7	25.0	-16.7	25.0
	HI	20.8	-20.8	0.0	0.0	-17.2	26.3	-17.2	26.3
	MCC	-0.4	-21.4	-3.6	-2.6	-3.2	23.9	0.4	27.2
	CDC	-9.4	3.6	-3.3	2.3	6.7	-1.3	10.4	-3.5
Dry sub-humid	FLO	-4.9	2.2	1.2	-1.7	6.4	-3.8	5.2	-2.2
	PSEN	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	MAT	-56.9	-10.7	-15.1	-15.7	97.0	-5.6	132.0	12.0
	KCB	-4.4	-9.6	-3.0	-2.5	1.5	7.9	4.6	10.6
	WP	19.9	-20.0	0.0	0.0	-16.6	25.0	-16.6	25.0
	HI	20.8	-20.8	0.0	0.3	-17.2	26.6	-17.2	26.3
	MCC	-0.5	-21.3	-3.5	-3.2	-3.0	23.0	0.5	27.1
	CDC	-9.2	3.4	-3.8	2.6	5.9	-0.8	10.1	-3.3

* FLO: growing degree days from sowing to flowering, PSEN: upper threshold of soil water depletion factor for canopy senescence, MAT: total length of crop cycle in growing degree-days, KCB: crop coefficient when canopy is complete but prior to senescence, WP: normalized water productivity, HI: harvest index, MCC: maximum canopy cover in fraction soil cover, CDC: growing degree day decrease in canopy cover

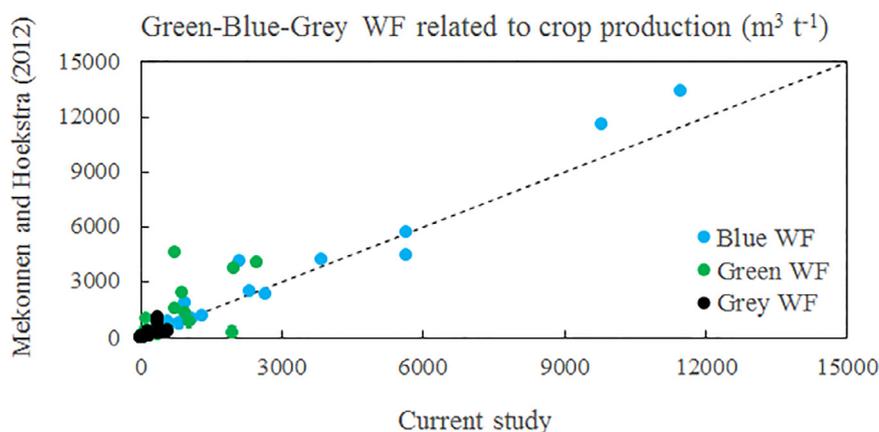


Fig. 7. Comparison of estimated green, blue and grey WFs related to crop production with results reported by Mekonnen and Hoekstra (2012).

focused on a limited number of agricultural crops (Chukalla et al., 2015; Zhuo et al., 2016a), we considered a wide range of common agricultural and horticultural crops cultivated all over the world.

5. Conclusion

Groundwater plays a central role in Iran's irrigated agriculture. Of all blue water consumption in the period 1980–2010, up to 83% was supplied by groundwater resources, with the highest contribution typically in the arid zones of the country. We found that Iran's groundwater resources are under severe stress in the hyper-arid, arid and semi-arid zones, and under significant stress in the humid zone (Table 3). Moreover, Iran's aquifers suffer from severe nitrate contamination within the semi-arid and humid zones. Our findings reveal that cereals, and especially wheat, make up the majority of groundwater consumption.

The results show that significant groundwater savings and groundwater pollution reduction can be achieved when farmers would reduce total blue WFs and grey GWFs of crop production to certain reasonable benchmark levels. If WFs of the considered 26 crops had been reduced to benchmark levels as defined by the 25th best production percentile, groundwater consumption in Iran's crop production would have been 3.2 billion $\text{m}^3 \text{y}^{-1}$ less than the actual groundwater consumption in 1980 and 9.3 billion $\text{m}^3 \text{y}^{-1}$ less in 2010. Although we expect them to be relatively small, other groundwater consuming activities not considered in this study (e.g. minor crops) may aggravate our conservative groundwater scarcity estimates. Reducing WFs to 25th percentile benchmark levels would have resulted in groundwater savings between 30% and 34% over the period 1980–2010. Grey GWF reduction would have been 0.7 billion $\text{m}^3 \text{y}^{-1}$ in 1980 and 1.9 billion $\text{m}^3 \text{y}^{-1}$ in 2010. Over the period 1980–2010, grey GWF reduction as a fraction of the total grey WF would have varied between 22% and 24%. The highest priority should be given to cereal production in the arid zone.

With this study, we provide a narrative for how to use WFs and benchmarking of WFs to assess potential water savings, potential water pollution reduction, and possible economic water productivity increase. Although we took Iran as a case and its aquifers as an example, we believe the methods put forth in this study can be applied to other regions and surface water resources as well. This research may serve as a next step towards actual uptake of WF benchmarking into national water policy.

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Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.advwatres.2018.09.011.

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